



AA Step 2: Belief Mapping Worksheet

SECTION 3: WHAT FEELS BIGGER THAN ME

List the values or principles that feel bigger than you (Ex, helping my community, kindness)

1. _____
2. _____
3. _____

SECTION 4: WILLINGNESS VS. BELIEF

You may not fully believe when you start Step 2. Answer the questions below honestly:

What am I willing to be open to right now?

What am I not ready for yet?

SECTION 5: DEFINING MY HIGHER POWER

Complete the following sentence:

A Power greater than myself could be_____.