

Alcoholics Anonymous 4th Step: Searching and Fearless Moral Inventory

The fourth step identifies opportunities for self-growth.

Column 1:
List your character defects/flaws

Column 2:
What caused this flaw or
weakness?

Column 3:
How did it hurt yourself or
others?



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FINDING MY POSITIVE QUALITIES

Reflect on your strengths. These aspects of who you are can balance the 4th Step work. Use this space to affirm your positive qualities.

List your positive personality traits.

What strengths have helped you in life?

How do loved ones describe your personality?

